Post Critical Incident Seminar 56 Columbia, South Carolina July 29-31, 2024 (Saxe Gotha Presbyterian Church)

We will gather each day at 8:00 a.m. for coffee and fellowship with Seminar beginning at 8:30 a.m. on Monday Breaks will be taken approximately every hour or as needed.

Day 1: Monday Gathering/Registration/Coffee Introduction of Program

- Opening Remarks by Clinical Director and Host
- History and Overview of the PCIS Model
- Meet the PCIS Team
- EMDR ("What is it? How do I sign up? Testimony!)
- Confidentiality and Ground Rules
- Housekeeping/Schedule

Break

Team Stories Impact of Events Scale/Beck Scales "Critical Incident Summaries" Lunch On-Site "Critical Incident Summaries" Supper On-Site We may extend into the evening after supper if we have not yet heard all the Critical Incident Summaries.

Day 2: Tuesday

"Phases of Emotional Recovery"

Break

"Responding to Loss in Your Critical Incident"

Small Group Discussion/EMDR Offered/Medical Massage Offered

Lunch On-Site

Continued small group discussion if needed

Psyche of Survival" –ATF Trng. Video (for those who have completed group)

"Law Enforcement Relationships"

Break

"Cops, Docs and Medicine"

Break

"A Cop's Story About Drinking" Steak Dinner/Group Meal Voluntary Prayer Service

Day 3: Wednesday Gathering/Coffee/Fellowship Lecture: "Fear/Coping" Small Group Discussions Lunch On-Site "Man's Search for Meaning" Charlie Plumb Video Break Round Robin Discussion, Evaluation, Departure (normal end time is approx. 3:30 pm)