

Post Deployment Seminar

South Carolina

March 2-4, 2012

Day 1: Friday, March 2, 2012

Gathering/Registration/Coffee (start 0800)

Introduction of Program

- Opening Remarks by Clinical Director and Host
- History and Overview of the PDS Model
- “Critical Incident Trauma” – A Brief Teaching
- Meet the PDS Team
- EMDR (“What is it? How do I sign up? Testimony!”)
- Confidentiality and Ground Rules
- Housekeeping/Schedule

Peer Team Members Tell Their Story from Deployment/Post Deployment

Impact of Events Scale

“Deployment and Post-Deployment Summaries” (Small Groups)

Lunch

“Deployment and Post Deployment Summaries” (Small Groups)

Day 2: Saturday, March 3, 2012

Gathering/Coffee/Fellowship (start 0800)

Lecture: “Emotional Cycle of Deployment I”

Small Group Discussion/EMDR Offered

Lunch

Program Time/EMDR

Military Relationships”

Medicine – MD Overview of What Helps

“A Story About Drinking”

Group Meal

Day 3: Sunday, March 4, 2012

Gathering/Coffee/Fellowship (start 0800)

Lecture: “Emotional Cycle of Deployment II”

Small Group Discussions

Lunch

“The Search for Meaning”

Video: “Overcoming Adversity-Charlie Plumb”

Round Robin Discussion, Evaluation, Departure Goal: 1400